Thomas Linton Eldredge www.funkboxing.com

A Departing Souls Journal

I was trained for this. I was chosen, created, extracted, molded, and reinforced for this. I exist for this. This is life and I am a soul.

I am finally ready to leave the whole and become a separate one. My training began the day I felt my own presence. Since that day I have learned all that I will need to know to embark on my journey into life. I will inhabit a human being, a human life, I will become a human soul.

In my training I have learned a great deal about human beings. I know how I will interface with my human body and how I will sustain my bodies physiological functions. I know that my body will grow and age. I also know all the ways that human body can fail. I hope that my life will be plentiful but I am ready to be a human soul and to experience even the briefest life.

I know that I will permeate my body and it will saturate me. I know that in my body I may have no awareness of my soul. I have prepared myself for life as best I can. I will use all my power to remember all I can about the whole and to keep it present in the mind of my body.

As I depart and remember my training I feel hope and fear as one. It is my hope to be a life but it is my fear that the life I become may not possess my soul. I will give myself to my life but if my life gives nothing back to me then I will have had no purpose.

Training to become a human soul is arduous and requires diligent study. In my studies I have learned of souls that had great impact in life. Some human beings are so well governed by their souls that they can release free spirits of themselves which can strengthen the souls of others. Other human beings despise their own souls to such extremes that they hate all souls. They deplete their own life's and others with their hate.

A human body is sophisticated and counterintuitive mechanism for life. The consciousness the soul gives to the human body is not under exclusive control and a soul must surrender some of itself to allow consciousness. Nothing prevents a warped consciousness from reflecting back into the soul and twisting the soul itself. Human beings possess all the capacities for peace, love, and mercy as they do cruelty, hatred, and destruction and so that capacity is also within each human soul.

Learning these things now cannot influence how I will know my own soul when I am in life. All I can hope is that my memory of the truths of the whole will carry with me. I will bring my fear and my hope into life and use both to sustain it. As a human soul I will be nothing like any other thing that is known. I will be a separate soul, a thing that in many ways should not be, I will be a disconnection from the whole. I will never know the purpose for this disconnection, but I have learned of its potential and I will become it. Because that is the will of the whole and therefore as a soul it is my will.

Without a soul there can be no life. Whatever my fate in life I must live within a human body so that I can create the potential for all the things a human being is capable of. I depart for my life knowing nothing of it except it's potential and I bring my fear and hope with me.

I know that I am from the whole and will return to it.